

DW Compulsory Kit

Spray deck
(kayaks only)

Hat
wool or thermal

BA
note whistle attached
(bottle holder optional)

200g solid chocolate
or Kendal mint cake

Long sleeve thermal

300 ml fluid

Survival bag
check weight &
plastic thickness

Long johns

Not Shown
Torch(s) and lightsticks

Dry bag
(Optional - to pack kit)

